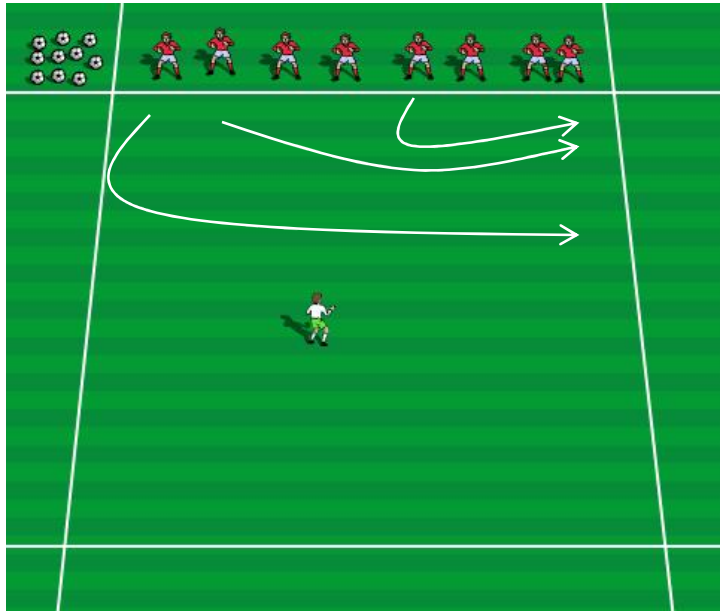




Curriculum – Mini Kick

Activity # - 105

| | | | |
|-----------------------------|---|--------------------|------------|
| Game Title: | Candy Mountain | Game Theme: | Candy Bars |
| Learning Outcome(s): | Develop physical literacy and ability to turn with the ball | | |



Organization:

1. 20 x 20 yard area set up as shown
2. 1 ball per player

Story/Description:

1. All players are on Candy Mountain (area)
2. The coach asks different players what their favorite candy bar is. Once this is known, each side of candy mountain is given a candy bar name
3. When the coach yells out a particular candy bar, all the players must race to that side of the mountain

Coaching Points:

1. Try to remember which side of the mountain is which
2. Keep your candy bag (ball) close to you so you can get the candy bars

Developments:

1. P – Once all the players understand the movements they then have to take their candy bag (ball) with them